CONFERENCE PRESENTERS’ BIOGRAPHIES
The 27th Annual Renfrew Center Foundation Conference for Professionals
Feminist Relational Perspectives and Beyond:
Integrating Science, Creativity and Clinical Wisdom

Allison Alderman, MS, RD, LDN has worked as a Registered Dietitian at The Renfrew Centers of Southern New Jersey and Philadelphia since June, 2014, and as Regional Nutrition Manager for the Mid-Atlantic sites since October, 2016. Allison has served as an integral member of the Implementation Team for new sites and is an active member of the Diabetes Workgroup and the UT-Nutrition Workgroup at Renfrew.

Ellen Astrachan-Fletcher, PhD, CEDS is Executive Clinical Director, Eating Recovery Center of Illinois, and Co-Author, The Dialectical Behavior Therapy Skills Workbook for Bulimia: Using DBT to Break the Cycle and Regain Control of Your Life. She has 20 years of clinical and teaching experience, and presents frequently on eating disorders and DBT.

Rachel Bachner-Melman, PhD is Clinical Psychologist, Social and Community Sciences, Ruppin Academic Center, Emek Hefer, Israel and member of the Psychology Department, Hebrew University of Jerusalem, Jerusalem, Israel.

Sarah Bateman, LCSW, the Renfrew Center’s Liaison to the Jewish community, ensures that Jewish individuals with eating disorders receive culturally sensitive treatment. Ms. Bateman has a private practice in New Jersey, provides training for professionals, lectures in schools and raises awareness of eating disorders in the Jewish community.

Tara Beck, BA is a medical student at Rowan University School of Osteopathic Medicine. A participant in the Rowan Student Medical Research Fellowship Program, she has a passion for promoting woman’s health and mental health, especially in regard to eating disorders and body image.

Karen Beerbower, MS, RD, LD, CEDRD is President of Nutritional Guidance, Inc. and Supervisor and Advisory Board member, iaedp. Formerly adjunct faculty at UCF, and the University of Evansville, she has 20 years of experience in clinical service, training, and education.

Rebecca Berman, LCSW-C, CEDS, MLSP is Clinical Supervisor, The Renfrew Center of Bethesda, MD. A member of EDC, AED, iaedp, BEDA and NASW, she is a Trauma Expert Champion and Unified Protocol Expert Champion for The Renfrew Centers. Ms. Berman has a private practice in Arlington, VA specializing in eating disorders, self-injury and trauma.

Ann Saffi Biasetti, PhD, LCSW, E-RYT has been a practicing psychotherapist for over 25 years. She maintains a private practice in Saratoga Springs, NY, specializing in embodied psychotherapy and eating disorder recovery. A certified yoga teacher and therapist, she is author of a forthcoming book on self-compassion and embodiment in the recovery process.

Judith Brisman, PhD was Founding Director of the Eating Disorder Resource Center for 35 years. The Co-Author of Surviving an Eating Disorder: Strategies for Family and Friends, and editor for Contemporary Psychoanalysis and Eating Disorders, she is on the faculty at the William Alanson White Institute and has a private practice in New York.

Gayle E. Brooks, PhD, Vice President and Chief Clinical Officer, The Renfrew Centers; Chair, The Renfrew Center’s Clinical Excellence Board and Clinical Training Department. A frequent presenter, locally and nationally, and a contributor to Perspectives. The Renfrew Center Foundation journal, she has
treated eating disorder patients from diverse backgrounds for over 25 years. Dr. Brooks was the eating disorders specialist in the HBO film, *Thin*, has appeared on Good Morning America, and been a featured expert in numerous publications.

**Jennifer Misunas Buckwash, MA, LPC, PsyD** is Associate, John Kuna & Associates, Scranton, PA and Staff, King’s College Counseling Center. A member of APA, PPA, and the American Counseling Association, she has worked at Friendship House, Scranton, PA and has made several presentations at professional conferences.

**Rachel Calogero, PhD, FAED**, Associate Professor of Social Psychology, Western University, London, Ontario; Associate Editor, *Body Image* and *Journal of Theoretical Social Psychology*. The senior Editor of *Self-Objectification in Women: Causes, Consequences and Counteractions*, she is a Fellow of APA, Society for the Psychology of Women, Society for the Psychological Study of Social Issues, and AED. Dr. Calogero’s research examines gender as a fundamental organizing framework of human behavior that shapes and directs meaningful social actions.

**Jerel Calzo, PhD, MPH**, Associate Professor of Health Promotion and Behavioral Science, Graduate School of Public Health, San Diego State University, and Core Investigator, Institute of Behavioral and Community Health. The Co-Chair, Males and Eating Disorders Special Interest Group, AED and a member of EDRS, he has published in numerous scholarly journals.

**Carmen Cool, MA, LPC** is a psychotherapist, educator and youth mentor. An international presenter on Health At Every Size®, and a past President of the Association for Size Diversity and Health, she was named "Most Inspiring Individual" in Boulder County, CO, and received the Excellence in Eating Disorder Advocacy Award.

**Sander de Vos, MSc** is Senior Researcher, Human Concern Foundation, Center for Eating Disorders, The Netherlands, and doctoral candidate, Twente University. A frequent presenter at eating disorder conferences and the author of several scholarly publications, his areas of expertise include working with recovered clinicians, eating disorders and positive mental health.

**Paula Edwards-Gayfield MA, LPCS, CEDS** is AVP Southeast & West regions of The Renfrew Centers. Paula is a Licensed Professional Counselor Supervisor in NC and a Licensed Professional Counselor in OK. She is a member of the American Counseling Association, iaedp and is on the committee for the African-American Eating Disorders Professionals.

**Steven Wiley Emmett, PhD** is Founder and Executive Director of Anorexia & Bulimia Associates in Rhode Island, member of the Board, Dads and Daughters, and a Co-Founder of The Renfrew Center. A frequent presenter on topics related to eating disorders, Dr. Emmett has had a private practice in Scituate, MA since 1982.

**Hallie Espel, MS** is a doctoral candidate in Clinical Psychology, Drexel University. A research and statistical consultant to The Renfrew Center since 2014, and a published author, she has presented nationally and internationally. Her research interests are focused on the development of evidence-based clinical practice in eating disorder treatment with an emphasis on using quantitative data to inform decision-making processes.

**Melissa A. Fabello, MEd** is Managing Editor of *Everyday Feminism*, an independent media site. A doctoral candidate in Human Sexuality Studies at Widener University, her research interests include eating disorders and sexuality, thin privilege and size acceptance, and radicalizing mainstream conversation about body positivity.
Christina Felonis, BA is the Research Coordinator for The Renfrew Center since July 2017. She graduated from Bates College in May 2017 and is very excited to be involved in investigating the effectiveness of the UT model. Her research interests include eating disorder risk factors, mood regulation, and treatment outcomes.

Ilene V. Fishman, LCSW, ACSW has 33 years of experience treating eating disorders. Formerly, a member of AABA’s National Board, she helped to found NEDA and currently serves on its Board of Directors. She speaks widely on eating disorders and maintains a private practice in New York and Montclair, NJ.

Natasha Fowler, BS is a doctoral candidate in Clinical Psychology, Michigan State University. A Global Foundation for Eating Disorders Scholar, and a member of AED and APS, she has presented at EDRS and the American Society for Metabolic and Bariatric Surgery. Her research focuses on risk factors for eating disorders.

Dee Franklin, MA, Training, Program Development and Implementation Coordinator, The Renfrew Centers. A UP Certified Therapist, with extensive experience in the Unified Protocol for Transdiagnostic Treatment of Emotional Disorders, she is responsible for the development and implementation of treatment programs, protocols and therapy materials across all Renfrew sites.

Ronald Frey, PhD, CPsych, Co-Director, Institute for Interpersonal Psychotherapy. A member of the International Society of Interpersonal Psychotherapy, he has provided training, certification and supervision in Interpersonal Psychotherapy for the last 20 years, and has assisted numerous organizations that prioritize staff resiliency to use IPT principles to ensure operational effectiveness.

Mazella B. Fuller, PhD, MSW, LCSW, CEDS is Clinical Associate, Counseling and Psychological Services, Duke University. A Co-Chair of iaedp’s African American Eating Disorders Professionals Committee, and a member of ANAD, her areas of clinical focus include brief individual therapy, gender and social justice, equity and inclusion, and women’s leadership.

Jennifer L. Gaudiani, MD, CEDS, FAED Founder and Medical Director of the Gaudiani Clinic, Denver, CO. Formerly the Medical Director for the ACUTE Center for Eating Disorders, she is widely published, has lectured nationally and internationally, and is the only internist who is a member of the iaedp Board of Directors.

Roxane Gay, PhD is an author and cultural critic whose widely revered writing is unmatched. Her work has garnered international acclaim for its reflective, no-holds-barred exploration of feminism and social criticism. Roxane’s essay collection, Bad Feminist, is universally considered the quintessential exploration of modern feminism and her TED talk is outstanding. She is the author of An Untamed State; Difficult Women, a collection of short stories; and her most recent book, titled Hunger: A Memoir of (My) Body. Roxane is a contributing op-ed writer for The New York Times, the previous co-editor of PANK and formerly the non-fiction editor at The Rumpus. She recently became the first black woman to ever write for Marvel, writing a comic series in the Black Panther universe called World of Wakanda.

Fran Gerstein, MSW, LCSW, BCD has treated eating disorders for 25 years. A Professor at Philadelphia University, and past faculty at Bryn Mawr College and PCOP, she has published, and is a frequent presenter on family therapy, self-disclosure and PTSD. She was Clinical Director of the Renfrew Center Outpatient Department.
Judi Goldstein, MSS, LSW is Vice President of The Renfrew Center Foundation and has been responsible for the development of the Conference since 1994. She has been with The Renfrew Center for over 30 years, since it opened in 1985. Ms. Goldstein is a Founder of The National Eating Disorders Association and recipient of NEDA’s 2015 Lifetime Achievement Award.

Cindy Gretzula, RN is Clinical Support Services and Director of Nursing, The Renfrew Center of Florida. She has worked at the Renfrew Center of Florida for the past 26 years, providing care to patients from diverse backgrounds who suffer from eating disorders. Ms. Gretzula co-facilitated the first LGBTQ professional breakfast at the 2016 Renfrew Conference and also appeared in the HBO documentary THIN.

Nicole Hawkins, PhD, CEDS, Director of Clinical Services, Center for Change, Orem UT. A frequent presenter on body image and eating disorders treatment, who has been featured on multiple media outlets, she developed a comprehensive body image program that deals with the media, diet industry, plastic surgery, childhood issues, and body appreciation.

Laura Hill, PhD, President and CEO, The Center for Balanced Living, Columbus, OH. An original founder of AED, and a former Director of NEDA, she developed a new, brain-based treatment for anorexia nervosa, and has published extensively on biologically based approaches to treatment for eating disorders.

Susan Ice, MD is Vice President and Chief Medical Officer, The Renfrew Center. Certified in Psychiatry, Neurology and Adolescent Psychiatry, and a Distinguished Life Fellow of the APA, she has specialized in eating disorders for the last 30 years. Dr. Ice has a private practice in Bala Cynwyd, PA.

Melissa-Irene Jackson, BS, BA has presented with NEDA, EDRS, EDC, and the Center for Eating Disorders at Sheppard Pratt. A body image, eating disorder and LGBT advocate with more than ten years of experience, her work includes federal policy advocacy, sharing her personal story of eating disorders recovery, gender dysphoria and coming out as a transgender woman, and a critical analysis of inclusion through scholarship, personal narrative, and spoken word.

Ann Kearney-Cooke, PhD specializes in issues related to women’s health and wellness. Named a Distinguished Scholar by Columbia University for developing the Helping Girls Become Strong Women Project, and the 2012 recipient of NEDA’s Craig Johnson Award for clinical practice and training, she has lectured at over 300 national and international conferences.

The Honorable Patrick J. Kennedy is a former member of the U.S. House of Representatives and the nation’s leading political voice on mental illness, addiction, and other brain diseases. During his 16-year career representing Rhode Island in Congress, he fought a national battle to end medical and societal discrimination against these illnesses, highlighted by his lead sponsorship of the Mental Health Parity and Addiction Equity Act of 2008--and his brave openness about his own health challenges. The son of Senator Edward “Ted” Kennedy, he decided to leave Congress not long after his father’s death to devote his career to advocacy for brain diseases and to create a new, healthier life and start a family. He has since founded the Kennedy Forum, which unites the community of mental health, and co-founded One Mind for Research, a global leader in open science collaboration in brain research. Kennedy is also the co-author of “A Common Struggle,” which outlines both his personal story and a bold plan for the future of mental health in America. Patrick lives in New Jersey with his wife, Amy, and their four children.
Hilary Kinavey, MS, LPC, is Co-Founder of Be Nourished, LLC. A Co-Creator of Body Trust ™ Wellness, a Certified Daring Way™ facilitator-candidate, and a transformational workshop leader, she contributes to the Huffington Post and speaks on topics such as Health at Every Size®, weight-inclusivity, and body respect in health care communities.

Susan Kleinman, MA, BC-DMT, NCC, CEDS is Supervisor, and Dance/Movement Therapist, The Renfrew Center of Florida. Trustee of the Marian Chace Foundation, Past President of ADTA, and Past Chair, The National Coalition for Creative Arts Therapies, she has published extensively, and was recipient of the 2013 ADTA Lifetime Achievement Award.

Kelly Klump, PhD is a MSU Foundation Endowed Professor, Department of Psychology, Michigan State University. The recipient of several NIMH grants and numerous honorary awards, she is the author of over 160 papers and was President of AED. Dr. Klump’s research focuses on genetic and hormonal risk factors for eating disorders. She is an Advisor to The Renfrew Center's Clinical Excellence Board.

Jessica Kosciewicz, MS, RD was Nutrition Program Director, BALANCE Eating Disorder Treatment Center. Currently, she maintains a private practice, JAK Nutrition, in New York, where she provides individual nutrition counseling and co-facilitates outpatient groups to help clients explore their eating disorders from a multi-disciplinary perspective.

Jennifer Kreatsoulas, PhD, RYT is Founder, Chime Yoga Therapy; Co-Founder, The Body Kindness Project; Partner, the Yoga and Body Image Coalition, and yoga therapist, Monte Nido, Philadelphia. She maintains a private practice in yoga therapy, writes for several eating disorder blogs and has appeared in the Huffington Post.

Adele Lafrance, PhD, CPsych, Associate Professor of Psychology, Laurentian University, Canada. She is the author of several publications in the field of eating disorders, and along with Dr. Joanne Dolhanty, she has co-developed Emotion-Focused Family Therapy. Dr. Lafrance provides consultation, supervision and training for individual clinicians, departments and organizations worldwide. She also leads multiple research projects in the areas of EFFT and mental health, including eating disorders.

Elin Lantz, MS is a doctoral candidate in Clinical Psychology, Drexel University. She has worked at The Center for the Treatment of Eating Disorders, The Renfrew Center, The Center for the Treatment and Study of Anxiety, and DELTA Clinic, Drexel Psychological Services Center. Her research is on the developmental trajectory of eating disorders.

Rachel Lewis-Marlow, MS, EdS, LPC, LMBT, is Director of Somatic Programming, Carolina House, Durham NC, and Co-Founder of the Embodied Recovery Institute. A member of iaedp and the American Counseling Association, she has a private practice in Chapel Hill, NC specializing in eating, trauma, attachment and dissociative disorders.

Michael R. Lowe, PhD is a Professor at Drexel University and a research consultant to the Renfrew Center. He conducts NIH-funded research on the origins of, and treatments for, both eating disorders and obesity. He introduced the concept of “hedonic hunger” and developed the Power of Food Scale (PFS) to measure it.

Laura Collins Lyster-Mensh, MS, Educator and Consultant, Circum Mensam, LLC, and Outreach Director, FEAST. The author of two books about eating disorders and parenting, an editor on the FEAST Family Guide Series, and a Huffington Post blogger, she is a frequent national and international speaker on eating disorders and parenting.
Jaclyn Macchione, MOT, OTR/L received her Master’s Degree in Occupational Therapy from The University of the Sciences in Philadelphia. She has worked at The Renfrew Center of Philadelphia for the past ten years facilitating groups and outings that focus on transitional skills.

Margo Maine, PhD, FAED, CEDS, Founder and Advisor, NEDA. Founding Fellow, AED and Sr. Editor, Eating Disorders: The Journal of Treatment and Prevention, is the author of numerous books and scholarly publications. A recipient of the 2014 NEDA Lifetime Achievement Award and a 2016 Honoree of the Connecticut. Women’s Hall of Fame, she lectures internationally and practices in Ct. Dr. Maine is an Advisor to The Renfrew Center’s Clinical Excellence Board and sits on the Conference Program Committee.

Terry Marks-Tarlow, PhD is author of Psyche’s Veil, Clinical Intuition in Psychotherapy, Awakening Clinical Intuition, and Truly Mindful Coloring. She is in private practice in Santa Monica, CA and gives workshops and trainings, nationally and internationally, on interpersonal neurobiology, clinical intuition, nonlinear science and creativity.

Dorie McCubbrey, PhD, MSEd, LPC, CEDS is Owner & Clinical Director of Positive Pathways. The author of Dr. Dorie’s Don’t Diet Book and How Much Does Your Soul Weigh, she has extensive experience with eating disorders, has developed Eating Disorder Intuitive Therapy, and serves on the Board of Directors for iaedp, Denver.

Beth Hartman McGilley, PhD, FAED, CEDS, co-editor of The Treatment of Eating Disorders: Bridging the Research-Practice Gap, has specialized in the treatment of eating disorders, body image, athletes, trauma and grief for over 30 years. An AED Fellow, Certified Eating Disorder Specialist and member of BEDA and ASDAH, she embraces feminist, HAES and social justice approaches to research and practice. Recovered herself, she co-founded the AED Professional & Recovery SIG, devoted to developing a consensus definition of recovery and illuminating issues relevant to recovered professionals. In addition to her clinical, supervisory, academic and association roles, she has served the field as author, activist, speaker, nonprofit cofounder and advisor to treatment programs. Dr. McGilley sits on The Renfrew Center Foundation Conference Program Committee.

Becky Mehr, MS, RD, LDN is the Registered Dietitian at The Renfrew Center of Nashville and Regional Nutrition Manager for The Renfrew Centers. Ms. Mehr received her Bachelor’s degree in Dietetics from Lipscomb University and her Master’s degree in Clinical Nutrition from the University of Memphis. Her background experience covers a wide range of settings and populations including providing medical nutrition in an acute care facility and working with individuals with developmental disabilities.

Samuel E. Menaged, JD is the Founder and President of The Renfrew Centers and The Renfrew Center Foundation. He is a board member of the Residential Eating Disorders Consortium and the Past President of the Board of the Eating Disorders Coalition for Research, Policy and Action, an advocacy group based in Washington, D.C. Mr. Menaged is a former healthcare attorney.

Lauren Muhlheim, PsyD, CEDS-S, FAED serves on the AED Board of Directors and is Chair, The Los Angeles County Psychological Association Eating Disorder SIG. The Eating Disorder Expert for Verywell, and professional advisor to FEAST, she is a published author who directs a Los Angeles eating disorder clinical practice.

Alexandra F. Muratore, MS is a doctoral candidate in Clinical Psychology, Drexel University. The Co-author of several scholarly manuscripts related to eating disorders, her primary research interest is the biological bases of eating pathology, with a specific focus on factors associated with differential risk and...
treatment response across individuals.

**Rebecca Newman, MSW, LCSW** is a Psychiatric Social Worker, Department of Psychiatry and Human Behavior, Thomas Jefferson University who specializes in working with eating disorders, substance abuse and LGBTQIA+ issues. Previously a Primary Therapist at the Renfrew Center of Philadelphia, she is a member of PSCSW and the NASW.

**Shelby Ortiz, BA** is a doctoral candidate in Clinical Psychology at Miami University of Ohio. She was formerly Research Coordinator, The Renfrew Center of Philadelphia, with a particular interest in studying the efficacy of the Unified Treatment Model™, and eating disorder risk factors.

**Asher Pandjiris, LMSW, MA**, the former Program Director, BALANCE Eating Disorder Treatment Center maintains a private practice in Manhattan, specializing in eating disorders, trauma, body image struggles and LGBTQ issues. Currently training at the Stephen Mitchell Center for Relational Studies, she has published on intergenerational trauma transmission and somatic symptoms.

**Amani Piers, BS** is a doctoral candidate in Clinical Psychology, Drexel University. A member of AED and the Association for Behavioral and Cognitive Therapies, her research interests include the interaction of biological and environmental factors on the development and maintenance of disordered eating behaviors.

**Frani Pollack, MS, LSW, PhD** has treated eating disorders for 25 years. A teacher at Penn School of Nursing, Council for Relationships, and a Trainer in the Home Based Family Program, she lectures widely on systems theory, and family and couples therapy, and is the author of several professional articles.

**Kristen Premus DrOT, OTR/L**, on-call Occupational Therapist, The Renfrew Center of Philadelphia, and full time therapist, Genesis Rehab Services. She received her Doctorate in Occupational Therapy from The University of the Sciences in Philadelphia.

**Judith Ruskay Rabinor, PhD** is author of *A Starving Madness: Tales of Hunger, Hope and Healing in Psychotherapy*, and *Befriending Your Ex After Divorce: Making Life Better for You, Your Kids and Yes, Your Ex*. Founder of the American Eating Disorders Center, and Supervisor at CSAB, she has a private practice in New York.

**Marcella Raimondo, PhD, MPH**, Licensed Psychologist, Kaiser Permanente Adult Eating Disorder Clinic, Oakland, CA. A member of the EDRS Board, the ASDAH Advisory Board, the Board of Founders for About-Face, and the BEDA Conference Committee, she recovered from anorexia nervosa over 15 years ago. Her recovery, and martial arts training has inspired her dedication to multicultural body nurturance and community celebration. Dr. Raimondo practices in Oakland, CA.

**Sonalee Rashatwar, LSW, MEEd** is a social worker at Services Empowering the Rights of Victims, a New Jersey domestic/sexual violence program. She has an interest in reformulating an ethno-sexual identity development model for South Asian immigrants. Her clinical work focuses on sexual trauma, racial justice, body positivity, and culturally responsible modalities.

**Kristen Raspanti, MOT**, Occupational Therapist, The Renfrew Center of Philadelphia. A graduate of The University of the Sciences in Philadelphia, she specializes in exercise therapy and consultation, and facilitates therapeutic groups focusing on health and wellness in recovery.
Nettie Reeves, CPT, CHC is a fitness, life and nutrition coach, motivational speaker, and author. The recipient of many awards including the Obama Presidential Community Award, and a frequent guest on local and national media, she has authored numerous magazine articles and delivered multiple private and public sector presentations.

Emily Reilly, MS, RD is Regional Nutrition Manager and DTP Nutrition Therapist at The Renfrew Center of New York. Emily obtained her bachelor’s degree in psychology from the University of Delaware and her master’s degree in nutrition science from Drexel University. Emily began working at The Renfrew Center 11 years ago at the residential site in Philadelphia as a Counselor and, soon thereafter, as a dietetic technician. Upon completion of her (OMIT dietetic) internship, she returned to The Renfrew Center at the Radnor location as a dietitian, working in all levels of care. Currently, at the New York City location, Emily works in the Day Treatment Program and manages the nutrition departments of the Northeast region and the Los Angeles site.

Adrienne Ressler, LMSW, CEDS, FAaedp, is VP, Professional Development, The Renfrew Center Foundation, serving as senior staff for over 27 years. Co-Chair, Somatic Therapies SIG of AED and Fellow and past President of iaedp, she presently chairs iaedp’s Senior Advisory Board. Author of chapters on experiential and creative therapies for eating disorders in two textbooks, her work is included in the Encyclopedia of Body Image and Human Appearance.

Paula Scatoloni, LCSW, CEDS, SEP, is Co-Founder of the Embodied Recovery Institute, co-developer of the Ai Pono Treatment Center and former Eating Disorder Coordinator at Duke University. She has taught extensively on the etiology and treatment of eating disorders and has a private practice in Chapel Hill, NC.

Adela Scharff, BA is Research Assistant, The Renfrew Center of Philadelphia. Her research interests include anxiety, trauma, and treatment outcomes.

Christine Schneider, PhD, LCSW is Lead Therapist and Director of Family Programming, Castlewood Treatment Center, and Adjunct Faculty, School of Social Work and Department of Neurology and Psychiatry, St. Louis University. A published author, she has presented frequently on topics related to neurobiology, and eating disorders.

Jaclyn Siegel, MS is a doctoral candidate in Social Psychology at the University of Western Ontario. She presented at the 2017 Conference of the Society of Industrial Organizational Psychology. Her research interests focus upon gender differences in eating disorders in the workplace.

Janelle Silbert, MA is Case Manager and Referral Coordinator, West Chester University Department of Counseling and Psychological Services. Her research focuses on the interaction between eating disorders and the relational self.

Charlynn Small, PhD, LCP, CEDS, is staff psychologist and Chair, Eating and Body Image Concerns Team, University of Richmond Counseling and Psychological Services Center. A member of ANAD’s Advisory Board, and Co-Chair of iaedp’s African-American Eating Disorders Professionals Committee, she is a frequent speaker at local and national conferences.

Melanie Smith, MS, LMHC, Director of Training, The Renfrew Centers. A UP Certified Therapist, with extensive experience in the Unified Protocol for Transdiagnostic Treatment of Emotional Disorders, she is responsible for developing and implementing The Renfrew Unified Treatment Model for Eating Disorders™, and provides ongoing clinical training and programming consistent with emerging evidence-based practices.
Alexandra Solaro, MA, LPC is Primary Therapist at Castlewood Treatment Center. Formerly a Research Assistant and Program Coordinator at Castlewood, she has completed specialized training in Drama Therapy, Schema Therapy and Internal Family Systems.

Sonja Stotz, RD, LD, founding member, and current Director of Food and Nutrition, The Center for Balanced Living, Columbus, OH. A member of the Academy of Nutrition and Dietetics, she has worked in clinical and behavioral nutrition for 29 years, and developed individualized nutrition for one of the first eating disorder treatment programs.

Cindy Goodman Stulberg, DCS, CPsych, Director, Institute for Interpersonal Psychotherapy. A member of the International Society of Interpersonal Psychotherapy, and the ISIPT Certification Committee, she has provided training, certification and supervision in interpersonal psychotherapy to clinicians in Canada, the US and Europe for the past 20 years.

Dana Sturtevant, MS, RD is Co-Founder of Be Nourished, Portland, OR, where she works as a nutrition therapist specializing in Health at Every Size® and Intuitive Eating. A member of the International Motivational Interviewing Network of trainers, she has incorporated Motivational Interviewing into her clinical practice for 17 years.

Janet Treasure, OBE, PhD, FRCP, FRCPsych, Director of the Eating Disorder Unit and Professor of Psychiatry, Institute of Psychiatry, King’s College London. The Eating Disorder Unit at the South London and Maudsley Hospital is one of the premier international centers for eating disorders treatment and research. Dr. Treasure’s research, much of which has focused on the development of new treatments, has been carried out collaboratively with patients and their families, and has led to a greater understanding of, and more effective treatments for, anorexia and bulimia. Dr. Treasure was awarded an Order of the British Empire in recognition for her work in the field.

Andrew Walen, MSSW, LCSW-C, LICSW, CEDS, Founder & CEO, The Body Image Therapy Center and Embrace Counseling Services, Baltimore, MD and Washington DC. The President of the National Association for Males with Eating Disorders, he wrote Man Up to Eating Disorders, and appears frequently on multiple media outlets.

Sandra Wartski, PsyD, CEDS is a member of APA, the National Registry of Health Service Providers in Psychology, the North Carolina Psychological Association, NEDA and iaedp. For 24 years she has been part of a group practice in Raleigh, NC, specializing in the treatment of eating disorders, affective disorders, and trauma.

Emily Weiss, BA is a masters degree candidate at The New School for Social Research, New York City. Currently working on a qualitative research project concerning body image and eating disorders among athletes, her research interests are centered on innovative techniques in the treatment of eating disorders.

Deanne Zotter, PhD is a Professor of Psychology at West Chester University where she teaches graduate and undergraduate courses on eating disorders, body image, and psychotherapy. She has presented and published widely on topics related to body image, eating disorders, and prevention. She is the founder and director of the Sister to Sister Program for the Prevention of Eating Disorders. Deanne is a licensed psychologist and maintains a private practice in Chadds Ford, PA.